



Integral University Lucknow

Centre for Career Guidance & Development

Creating Possibilities.... Enabling

Growth



Event Report: Lucknow Freshers' Day 2024

Integral University successfully hosted **Lucknow Freshers' Day 2024** on **Sunday, 17th November 2024**. This event was designed to inspire and motivate first-year undergraduate students as they embark on their academic journeys. **CCG&D (Center for Career Guidance and Development)**, on behalf of Integral University, coordinated this session, ensuring its smooth coordination and execution. Under the theme “**Early Goal Setting: Dream Big,**” the session aimed to encourage students to set bold academic and career goals from the outset of their university experience.

One of the key highlights of the event was the participation of distinguished **senior bureaucrats and retired officials** who served as mentors, offering invaluable guidance to students on both their academic and professional paths. The event attracted a diverse audience, including students from Integral University as well as various other colleges in Lucknow, fostering an atmosphere of collaboration and inspiration.

Event Flow

➤ Welcome and Introduction

The program commenced with a warm welcome extended to all attendees. The event's schedule was introduced, followed by a formal address by **Janab Shafkat Kamal (IAS Rtd.) Director, IAS Urdu Study Centre, Lucknow. Former District Magistrate, Saharanpur & Special Secretary to Government of Uttar Pradesh**, who spoke about the importance of dreaming big and setting early goals. Following his address, each student present introduced themselves to the audience.

Ms. Rashida, a **UPSC-qualified professional**, shared her life experiences and provided valuable tips for aspiring students aiming to crack the UPSC exam. She also gave a brief overview of the mentors present at the event and expressed her gratitude on behalf of the student body.

Honorable Pro Chancellor-Integral University Dr. Syed Nadeem Akhtar, presented bouquets to all the Star Guest Speakers as a gesture of welcome.

➤ **Inspiring Speeches by Star Guest Speakers**

The event featured a series of motivational speeches delivered by prominent figures from various fields. Their talks were aimed at encouraging students to set clear goals and build a strong vision for their academic and professional futures.

- **Honorable Founder & Chancellor-Integral University Prof. S.W. Akhtar**, welcomed all the guests and shared his personal experiences. He motivated students to stay true to their goals, emphasizing the importance of integrity, continuous learning, and self-improvement.
- **Janab Javeed Ahmad, IPS (Retd.) (1984 Batch), Former Director General of Police, Uttar Pradesh, and Adjunct Distinguished Fellow at Takshashila**, spoke about the power of self-belief. He encouraged students to start dreaming and to take immediate action towards their goals. He quoted, "The best time to plan is yesterday," urging students to avoid procrastination.
- **Prof. Sabra Habib, Former Professor of Russian and Emeritus Professor at the University of Lucknow, and Pushkin Awardee**, inspired female students to aim high and follow their dreams without any limitations. She advocated for creative and unconventional goals, pushing students to think beyond traditional career paths.
- **Shri Alok Ranjan, IAS (Retd.) (1978 Batch), Former Chief Secretary Government of Uttar Pradesh**, shared his experiences working on the "Dial 100" project and encouraged students to dream big. He referenced Dr. Abdul Kalam's thoughts on dreams and stressed the importance of setting clear goals without excuses.
- **Honorable Pro Chancellor Integral University-Dr. Syed Nadeem Akhtar**, shared his personal academic and professional journey. He urged students to challenge themselves beyond the classroom and emphasized the importance of having a clear academic purpose.
- **Justice Shabihul Hasnain, Former Judge of the Allahabad High Court & Former Chairman of the Delhi Electricity Regulatory Commission**, concluded the keynote

speeches with a summary of the key messages from the speakers. He motivated the students to set specific targets for themselves and work towards achieving them. Justice Hasnain shared his personal experiences as both an academic and a judge, highlighting the importance of perseverance, critical thinking, and spiritual guidance. He also recited a Sanskrit shloka, underlining the importance of continuous learning and the value of knowledge beyond textbooks.

The event included an interactive segment where the students could ask questions and engage directly with the keynote speakers. This session provided students with an opportunity to clarify doubts, seek guidance on their academic paths, and gain advice on career planning. The mentors emphasized the importance of positive thinking, focus, and continuous self-improvement.

Following the interactive session, feedback was collected to gauge the impact of the event on students. The feedback helped assess the value of the mentorship and motivational insights shared by the speakers.

The organizers presented **Memento** to Honorable Chancellor and Honorable Pro Chancellor. The Honorable Pro Chancellor Dr. Syed Nadeem Akhtar, presented **University Memento** to all the Star Guest Speakers.

Dr. Huma Yaqub, Principal In-charge, Maulana Azad National Urdu University, Satellite Campus, Lucknow, delivered the Vote of Thanks.

The event started with a hearty **breakfast** and concluded with **lunch** provided to all students with their mentors, faculty, and guest speakers, fostering further interaction and networking among the participants.

Lucknow Freshers' Day 2024 was an enriching and inspiring experience for the first-year students of Integral University. The event successfully conveyed the importance of setting high goals early in life, along with providing practical guidance for academic and professional success. The insights shared by the esteemed mentors left a lasting impact on the students, motivating them to work hard, remain focused, and persevere in their pursuits.

Integral University looks forward to continuing such initiatives, providing students with the necessary tools and mentorship to excel in their academic and professional journeys.

Glimpses of the Session –



Top-Honorable Founder & Chancellor-Prof. S.W. Akhtar giving blessings to the program and addressing the students

Bottom-(Left to Right) Prof. Sabra Habib, Shri Alok Ranjan, Justice Shabihul Hasnain, Prof. S.W. Akhtar, Janab Javeed Ahmad, Janab Shafkat Kamal



Top Left-Glimpse of the audience present for the session

Top Right- Shri Alok Ranjan addressing the audience

Bottom Left- Dr. Syed Nadeem Akhtar addressing the audience

Bottom Right- Justice Shabihul Hasnain addressing the audience



Top- Honorable Founder & Chancellor - Prof. S.W. Akhtar felicitated by the Organizers

Bottom- Honorable Pro Chancellor-Dr.Syed Nadeem Akhtar presenting University Memento to the Star Guest Speakers.

